

Practices on Night of Ascension

On the 27th night of *Rajab*, i.e. preceding the 27th day

Nawaytul arbaīn, nawaytul iṣtikāf, nawaytul khalwah, nawaytul ‘uzlah, nawaytūr riyāḍah, nawaytus sulūk, nawaytus siyām, lillāhi ta‘ālā, fī hādhal bayt.

I intend the forty (days of seclusion). I intend seclusion in the mosque. I intend seclusion. I intend isolation. I intend discipline (of the ego). I intend to travel in Allah's Path. I intend to fast for the sake of Allah in this house.

Perform the Naqshbandi Adab (see Part One, pp. 140-142)

The Grand Transmitted Invocation (see Appendix B, pp. 230-234)

Khatmul Khwajagan (see pp. 156-180) with the *dhikr*.

Mawlid

Salātut Tasbīh (2, 2 or 4 *raka‘āt*) (see pp. 62-66)

Salātush Shukr (2 *raka‘āt*) (see p. 68)

Ihdā’ (Dedication):

Allāhumma balligh thawāba mā qara’nāhu wa nūra mā talawnāhu hadiyyatan wāsilatan minnā ilā rūhi nabiyinā Muḥammad, ṣallalāhu ‘alayhi wa sallam, wa ilā arwāhil anbiyā wal awliyā khāsatan ilā rūhi Shāh Naqshbandi, wa shaykhinā Shaykh ‘Abdullāh ad-Daghastāni wa Mawlānā Shaykh Muḥammad Nāzim al-Ḥaqqāni was siddiqīnal Fātiḥah.

O Allah! Grant that the merit of what we have read, and the light of what we have recited, are [considered] an offering and gift from us to the spirit (ruh) of our Prophet Muḥammad (s.a.w.s.), and to the spirits of the Prophets, and the Saints; especially the spirit of Shah Naqshband, and our Shaykh ‘Abdullāh ad-Daghastāni and Mawlānā Shaykh Nāzim al-Ḥaqqāni, and to [those who are] the righteous, *Al-Fātiḥah*.

Practices on Night of Ascension

نَوَيْتُ الْأَرْبَعِينَ ، نَوَيْتُ الْإِعْتِكَافَ ، نَوَيْتُ الْخَلْوَةَ ، نَوَيْتُ
الْعُزْلَةَ، نَوَيْتُ الرِّيَاضَةَ ، نَوَيْتُ السُّلُوكَ ، نَوَيْتُ الصِّيَامَ لِلَّهِ تَعَالَى
فِي هَذَا الْبَيْتِ.

أَدَبُ الطَّرِيقَةِ.

الدُّعَاءُ الْمَأْثُورُ عَنْ سُلْطَانِ الْأَوْلَيَاءِ.

خَتْمُ الْخَوَاجَكَانِ مَعَ الذِّكْرِ.

الْمَوْلُدُ الشَّرِيفُ.

صَلَاةُ التَّسْبِيحِ.

صَلَاةُ الشُّكْرِ.

إِهْدَاءُ.

اللَّهُمَّ بَلَغْ ثَوَابَ مَا قَرَأْنَاهُ ، وَنُورْ مَا تَلَوْنَاهُ ، هَدِيَةً وَأَصِيلَةً مِنَّا
إِلَى رُوحِ نَبِيِّنَا مُحَمَّدٍ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) وَإِلَى أَرْوَاحِ الْأَنْبِيَاءِ وَالْأَوْلَيَاءِ ،
خَاصَّةً إِلَى رُوحِ شَاهِ نَقْشِبَنْدِ ، وَشَيْخِنَا الشَّيْخِ عَبْدِ اللَّهِ
الدَّغْسَتَانِيِّ ، وَمَوْلَانَا الشَّيْخِ مُحَمَّدِ نَاظِمِ الْحَقَّانِ ، وَالصَّدِيقَيْنِ
الْفَاتِحَةِ.

Du‘ā’

Ilā sharafīn nabiyyi, ṣallalāhu alayhi wa sallam, wa ālihi wa aṣḥābihil kirām, wa ilā ma-shā-yikhinā fīt-ṭariqatīn Naqshbandiyatil ‘Aliyyah, khāṣatan ilā rūḥi imāniṭ ṭariqati wa ghawthil khalīqatish Shah Bahāuddīn Naqshbandi Muḥammadīn Uwaysil Bukhārī, wa ilā Mawlanā Sultānil Awliyā’ Shaykh ‘Abdullāh al-Fā’izzid Daghastāni, wa Mawlanā Shaykh Muḥammad Nāzim al-Haqqāni wa sā’iri sādātinā waṣ siḍdīqinal Fātiḥah.

Honour be to the Prophet (s.a.w.s.), and his family, and his distinguished Companions. And to our Shaykhs in the exalted Naqshbandi Tariqah, particularly the spirit of the Imam of the Tariqah, the Succour of creation, Shah Bahāuddīn Naqshbandi Muḥammadīn Uwaysil Bukhārī, and to Mawlanā Sultānil Awliyā’ Shaykh ‘Abdullāh al-Fā’izzid Daghastāni, and Mawlanā Shaykh Nāzim al-Haqqāni, and to all our masters, and [those who are] righteous, *Al-Fātiḥah*.

Al-Fātiḥah (Always recite the *Ṣalawāt* prior to the *Fātiḥah*).

دُعَاءٌ

إِلَى شَرْفِ النَّبِيِّ ﷺ ، وَآلِهِ وَأَصْحَابِهِ الْكَرَامِ ، وَإِلَى
مَشَايِخِنَا فِي الطَّرِيقَةِ النَّقْشِبَنْدِيَّةِ الْعَيَّةِ ، خَاصَّةً إِلَى رُوحِ إِمامِ
الطَّرِيقَةِ وَغَوْثِ الْخَلِيقَةِ شَاهَ بَهَاءُ الدِّينِ نَقْشِبَنْدِ مُحَمَّدِ الْأُوَيْسِ
الْبُخارِيِّ ، وَإِلَى مَوْلَانَا سُلْطَانِ الْأَوْلَيَاءِ شَيْخِ عَبْدِ اللَّهِ الْفَائزِ
الدَّغْسْتَانِيِّ ، وَمَوْلَانَا شَيْخِ مُحَمَّدِ نَاظِمِ الْحَقَّانِ ، وَسَائِرِ
سَادَاتِنَا وَالصَّدِيقِينَ الْفَاتِحةَ .

سُورَةُ الْفَاتِحةِ .